## The Psychology of Dementia Care - by Distance Learning

These modules are designed as training for staff working with people with dementia. This Postgraduate Certificate programme addresses core themes in Dementia Care viewed from a psychological perspective. This programme will provide students with a theoretical background to the psychology of dementia care. Students will be encouraged to question current practice and to apply psychological theory to their own working situation. As such, practitioner students will attain a new theoretical understanding of dementia care.

This programme has two intakes – September and January.

#### **Postgraduate Certificate:**

60 credits from PS5500 - PS5502

**Co-requisite(s):** All three Postgraduate Certificate modules to be completed within 12 months.

### **Compulsory modules:**

PS5500 The Psychosocial Impact of Dementia					
	SCOTCAT Credits:	20	SCQF Level 11	Semester:	2
	Planned timetable:	200 notional hours of learning time. Delivered by distance learning.			

This module provides an introduction to the psychosocial impact of dementia on individuals with a diagnosis and those who care for them. The module begins with an introduction to dementia. It addresses what dementia is and what it is not, different types and causes of the illness and patterns of progression in the brain. The module then addresses several different models of dementia – most notably the biomedical and psychosocial perspectives. The psychosocial impact of dementia on memory and communication will then be explored. This study of the combination of damage to the brain and the social context within which the illness exists will provide students with a context within which they can consider their own experiences of caring for individuals with dementia.

Programme module type:	Compulsory for Postgraduate Certificate in Psychology of Dementia Care		
Pre-requisite(s):	University degree in a cognate discipline from a recognised HEI; Or *Accredited Prior Learning (RPL through formal certifiable learning); Or *Experiential Prior Learning (RPL gained through experience)		
Learning and teaching methods and delivery:	<b>Weekly contact</b> : 200 notional hours of learning time. Delivered by distance learning.		
Assessment pattern:	Coursework = 100%		
Module Co-ordinator:	Dr M Ellis		
Lecturer(s)/Tutor(s):	Dr M Ellis		

#### Psychology & Neuroscience - Dementia Care PG Cert - 2016/7 - August 2016

# PS5501 The Care of Individuals with Dementia SCOTCAT Credits: 20 SCQF Level 11 Semester: Summer Planned timetable: 200 notional hours of learning time. Delivered by distance learning.

This module provides an introduction to several psychological models of dementia care, i.e. biomedical, person-centred, palliative and supportive. The student is encouraged to consider the care model that is in use in his/her own workplace and to reflect on the impact of this approach from the perspectives of people with dementia, family members, professional caregivers and management. The module then explores how one might meet the psychological needs of individuals with dementia and their caregivers from each perspective. Students will then go on to learn about the psychology of the self in dementia care in terms of those with a diagnosis and their caregivers. The self will be examined in terms of its manifestation, psychological threats to self and how the self can be maintained in both caregivers and people with dementia. Psychological perspectives on relationship-building with individuals with dementia will then be explored. Students will be encouraged to reflect on their own experiences of caring for individuals with dementia and of forming relationships with them.

Programme module type:	Compulsory for Postgraduate Certificate in the Psychology of Dementia Care		
Pre-requisite(s):	University degree in a cognate discipline from a recognised HEI; Or *Accredited Prior Learning (RPL through formal certifiable learning); Or *Experiential Prior Learning (RPL gained through experience)		
Learning and teaching methods and delivery:	Weekly contact: 200 notional hours of learning time. Delivered by distance learning.		
Assessment pattern:	Coursework = 100%		
Module Co-ordinator:	Dr M Ellis		
Lecturer(s)/Tutor(s):	Dr M Ellis		

PS5502 Implementing Effective Care					
	SCOTCAT Credits:	20	SCQF Level 11	Semester:	1
Planned timetable:		200 notional hours of learning time. Delivered by distance learning.			

The module provides a theoretical and evidence-based background to assist students to implement effective dementia care. Students will begin by considering the application of psychological theory to dementia care in different environments, i.e. the home, day care, residential care and hospital care. This will then lead to an analysis of the needs of each individual (those with a diagnosis and carers) in care situations. Students will then examine how one might assess what effective care might look like and how one might approach its measurement. This part of the module will foster the beginnings of research skills that will stand the student in good stead for further postgraduate study. The final section of this module will ask students to consider how effective care can be maintained. This will involve the exploration of self-determination theory and models of work motivation. On completing this module, students will be equipped with evidence-based strategies that will allow them to plan, change, measure and maintain effective practice in their workplaces.

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Learning and teaching methods and delivery:	Weekly contact: 200 notional hours of learning time. Delivered by distance learning.		
Assessment pattern:	Coursework = 100%		
Module Co-ordinator:	Dr M Ellis		
Lecturer(s)/Tutor(s):	Dr M Ellis		